

Food Bytes

School Lunch Snapshot

Did you know that 95% of schools offer the National School Lunch Program (NSLP) and serve 30+ million students each day? Schools in North Carolina and across the country will celebrate National School Lunch Week (NSLW) October 12-16, 2015. The theme, "School Lunch Snapshot," is all about sharing the best images of school lunch. Schools can celebrate in a variety of creative ways. Follow the campaign on social media: #NSLW, @SchoolLunch and www.facebook.com/TrayTalk.


NSLW will emphasize the healthy foods offered at schools daily. Many school districts are offering healthier options, more fruits and vegetables along with student and chef-inspired recipes. More schools are also serving locally-sourced produce, grains, milk, eggs, meat, poultry and seafood.

You need a healthy lunch to get energized for your favorite sports or activities. A healthy lunch also gives you the fuel you need to succeed in school. School meals are a healthy, tasty, convenient choice for students.

Nutrilink: Find NSLW info at www.schoolnutrition.org/nslw.

Menus for October 2015

[Insert name of Local Education Agency] Schools

			Thursday, October 1	Friday, October 2
				
Monday, October 5	Tuesday, October 6	Wednesday, October 7	Thursday, October 8	Friday, October 9
Monday, October 12	Tuesday, October 13	Wednesday, October 14	Thursday, October 15	Friday, October 16
Monday, October 19	Tuesday, October 20	Wednesday, October 21	Thursday, October 22	Friday, October 23
Monday, October 26	Tuesday, October 27	Wednesday, October 28	Thursday, October 29	Friday, October 30

October

- National Apple Month
- National Farm to School Month
- National Food Day (October 24)
- National School Lunch Week (October 12-16)



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